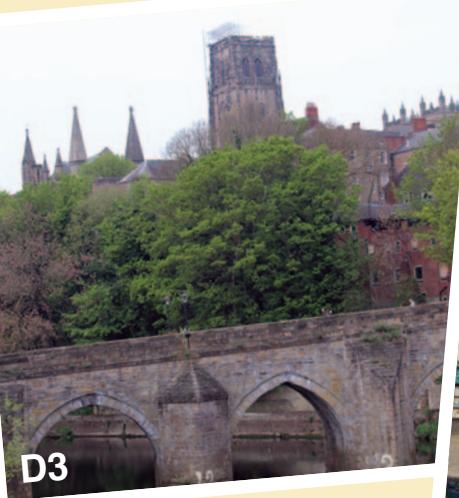




InnerWheel

ASSOCIATION OF INNER WHEEL CLUBS IN GREAT BRITAIN & IRELAND

Autumn 2021





The Association Executive Committee



dates for your diary

**Jan 10th 2022
World Inner Wheel Day**

**Apr 4th – 6th 2022
Inner Wheel Conference,
Bournemouth**

**July 5th – 6th 2022
Annual Assembly**

**2024
IIW Convention,
Manchester**

Welcome...

Dear Inner Wheel Friends



Here we are reading the first Magazine of the Inner Wheel year and the first put together by our new Editor Angela. I'm sure you will join me in wishing her a successful time as our editor. However, we must not forget that this magazine would not be worth reading if it were not for the varied and interesting activities carried out by our clubs. We have some amazing ladies working tirelessly for others and we should celebrate that success in these pages. Please make sure you send all your news to the Publications Committee, I love to read what is happening around Great Britain and Ireland, and I'm sure you do too.

At long last Covid restrictions have been lifted, but we have not yet been given the all-clear. Understandably some of us are still being very cautious and do what we can to protect ourselves and those around us from this dreadful virus. We were forced to learn new ways of holding meetings and events during the past year, but these now stand us in good stead, for we can choose to mix and mingle, or watch our screens at home and listen to speakers far and wide. Indeed, we can even achieve a mix of both. Who thought our ladies would become so 'tech savvy' and embrace the internet?

Some of you will already have met me and Teddie as we travel around the districts, and Teddie looks forward to meeting many more members on our travels. As you know, Teddie is a bit of a fitness freak and enjoys long walks in the country, so if you have anything planned, Teddie would love to join you. She might complain a little, but she fits quite easily into a cardboard box, and the postal service delivers her to your door, ready for her outing. She is also a bit of a diva and loves having her photo taken. She loves it even better to see herself in the newspapers! We have been on a couple of sponsored walks so far, and the donations and sponsorship has been amazing. We have

pledges to do 29 walks, one for each district, although sometimes our visit is quite short, and so we are walking the extra walks in our own area. Don't forget to read Teddie's blog on the Association website.

Teddie and I are looking forward to our Conference in Bournemouth in April next year. We have been to Bournemouth for our conferences many times before, so this time I am hoping to do things a bit differently. As yet, I cannot give you much in the detail of the event, because planning started much later than usual because of the Covid restrictions, but it is gathering momentum and I can promise you a few days of Inner Wheel friendship and some interesting speakers.

I will finish with a little quote that was given to me at a recent rally, "Do your little bit of good where you are; these little bits together overwhelm the world" Desmond Tutu.

Enjoy the friendship and service that Inner Wheel has to offer, there is no other organisation like ours!

Betty



It is a privilege to write a short article for the first Magazine 2021-22 published by IW Association Editor for GB&I, Angela Williams.

From August 10th to August 13th, thanks to virtual meetings by Zoom, I had the opportunity to present 10 Power Point Slides which are the synthesis of Presidential theme 2021-22 "Pink First" and a schematic representation of the four main priorities Health – Education – Opportunity – Empowerment to be taken into consideration when choosing the themes to develop during the year.

What Inner Wheel Members will be able to do in favour of women in any part of the globe, will be a step forward on the way to gender equality and the empowerment of women and girls, under the auspices of UN Agenda 2030. This PPT suggests how to implement this year's theme, which perfectly harmonizes with International Social Project "Strong Women Stronger World".

The PPT will be sent to IIW Executive Committee, National Governing Bodies' Presidents, National Representatives, District Chairmen, Districted Clubs, Board Directors and Non-Districted Clubs.

In July and August I had the chance to attend virtual Handover/Installations ceremonies in some IW Countries and I was delighted to experience the different ways these events are celebrated as well as to be informed about the projects they are developing to honour this Year's theme.

An increase in female labour force participation will result in a faster economic growth. Women make enormous contributions to economics in business, as entrepreneurs or employees. Supporting women's economic empowerment will pave the way towards gender equality, poverty and hunger eradication and realize the human rights of all.

Ebe Panitteri Martines

IIW President 2021-22

*PS Can you name all the places on the front cover??
Answers later in this magazine*

BRECHIN LITTER PICK PROJECT

Brechin has had a productive start to 2021. Getting to grips with technology and our Zoom meetings, we have enjoyed virtual visit from: North East Sensory Services, Riding for the Disabled, a History of Barbershop music and Lesley Niven. Drinks were enjoyed celebrating the club's 31st birthday in March. The meeting was virtual but the liquid was real!! Geranium plants were purchased and gift wrapped to deliver to Re-engage members as part of Inner Wheel Day. Delivery was made by one of their volunteer drivers and club member Pam Thomson.

Litter picking equipment was purchased after receiving a council grant and club members have been enjoying the opportunity to meet up with other members, in pairs, to tidy the verges and pathways around Brechin. 40 plus black bin bags of rubbish have been collected to date and the project is ongoing.

Elaine Sim: Club Correspondent

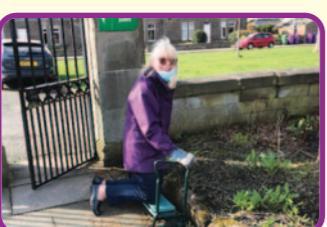


GARDENING AT DORWARD HOUSE

Dorward House is a residential, dementia and respite care facility in Montrose, which was established as a poor house way back in 1838. "Dorwards", as it is known, is a vital part of the community here, with past and present Inner Wheel Club members closely involved - whether that's as Trustees, Christmas carol singers or relatives of residents. The house is set within expansive gardens, and whilst a gardener keeps these in very good trim, Vice President Mary recognised that she could do with a wee bit of help as spring arrived. And so she organised 'weeding' mornings for those who were able and could attend. We have had two so far, with another coming up very shortly. The town of Montrose recognises and hugely appreciates the superb work undertaken by Dorward House and it was a pleasure for us to be able to find another way in which to support it.



Rachel Creggan:
Club Correspondent



Scuba Diving

District 15 Editor Liz Bettles is a keen scuba diver, and even in the depths of the Red Sea is thinking about Inner Wheel.

District 12 Joint District Chairmen Christine Davies and Sheila Cragg presenting the cheque to their District Charity - Air Ambulance Kent, Sussex and Surrey



As Joint Chairmen we managed to meet each other face to face for just the second time in the year, when we went to Rochester Airport to present the District 12 cheque to the staff with the Air Ambulance. It was a very special day DESPITE THE RAIN and the face masks!! We were amazed at the magnificent amount raised by Inner Wheel members and their families and friends and could never have imagined it possible, but, of course, generosity is an inbuilt characteristic of all Inner Wheel members. The response to our 88 Challenge was amazing! The 8th of the 8th proved to be one of the hottest days of the year 2020- but we both managed our first walk supported by our Club members. We were delighted that many Clubs held events on that day to launch our Challenge in aid of the Air Ambulance, Kent, Surrey and Sussex. (The challenge was to mark the 88th Anniversary of District 12. Each club in the District either walking 88 miles or by inventively using 88 in their fund raising one member was sponsored to swim 88 lengths of her pool each day for 10 days). District Editor: Sandra Wheeler

International Service

Hello ladies,

As we emerge from the various lockdowns and restrictions of the last 18 months, one of the things that we have learnt, is that it is more important than ever that we keep in touch with each other.

So, I was delighted when Angela offered space in the Association magazine to give an opportunity for international charities to let you know about their specific work.

These articles complement the International Service Update sheet that was distributed to you all in August, and the first Zoom presentation talks that took place on 29th September.

The International Service zone leaders are meeting with the DISCs on 11th October, so we will discuss how effective the different kinds of communication have been to our club members. Please let them know your views. I continue to forward information that I receive from international charities.

As I attend your international service rallies, I look forward to meeting you and sharing the commitment we all have, to fostering international understanding.

Pam Boyes



The BIG Dinner

Sit down to eat in your country - and in Africa, someone will stand up and walk!

Please help our final fundraising push to raise £262,500.

Why? In 2024 we hand over our busy 500 miles clinic in Lilongwe to Malawi's Ministry of Health, just as we did with our Mzuzu clinic this July.

So our final fundraiser, the BIG dinner 2, is now underway. Please support us in any way you can!

It might be easiest for you simply to make a donation - see how on our [website](#). Or you could raise money for us in some other way.

But our last fundraiser is called the BIG dinner 2 because people enjoyed the original BIG dinner in 2015, and with the loosening of Coronavirus restrictions, you might enjoy hosting a BIG dinner 2 event for family, friends, your neighbours or maybe with your Inner Wheel club. There is no set format or date for your fundraiser. You just need some good company and great food, and to ask your guests to make a donation to 500 miles instead of bringing the usual chocolates and flowers.

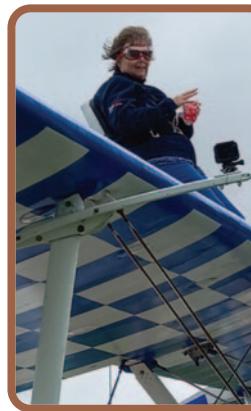
Morning coffee, cocktails and canapes, or a formal dinner party, it's up to you. You'll find lots of recipes and cooking tips from some people you may recognise on our [Recipes and Tips page](#).

Our target of £262,500 is equal to the cost of an average device for 1,500 people who can't afford to pay for one – but just £18 buys a shoe raise and £55 a new foot, both simple devices that enable someone to walk. Every penny received goes into providing our service, so please give whatever you can to help us handover our clinic so that Malawi can deliver this service itself.
www.500miles.co.uk/bigdinner2



WALKING.....

- Walking for Stroke / Teddy walk
- From Jenny Versey D26**
- The Inner Wheel Club of Ware had already agreed on a programme of monthly social walks when we got the message from Association President Betty about Walking for Stroke, so we decided to do this on August 6th. The idea was to walk 3 miles wearing our new pink polo shirts and carrying balloons and get our members and family and friends to sponsor us.
- We decided to buy these pink polo shirts to make us more obvious and stand out when we do things in the town and so that more people will know about Inner Wheel. The fact that it also hit the 'think pink' slogan was a coincidence.



MY WING WALK

On the 10th of July I finally did my Wing Walk.

Due to COVID I was only allowed 10 guests to watch me, so my brother and his wife, our best friends, Mal's mum and stepdad and two representatives from GDA all met Mal and I at the Rendcomb Aerodrome up the Whiteway.

I was due to fly at 11.30am, but there were several people before me and by the time I got to fly it was about 13.00pm. I had watched the others and they all came down with smiles on their faces, so I thought ok cannot be that bad.

They called four of us at a time into the briefing room, where we had to watch a safety video and fill in a disclaimer form. We then agreed an order to go in. I was to go third out of the 4 of us. They explained what would happen and if we wanted the whole experience or just a straight-line flight. We all agreed to

the whole experience. We were also told how to signal to the pilot if we hated it and wanted to come straight back down.

I watched the others go up and then it was my turn. I was a bit nervous, but not as much as I thought I would be!

To climb up on the plane I had to follow one of the professional Wing Walkers, so she could show me the safest route for me and also, so I did not damage the plane. Nic Hewlett - Raising funds for Gloucester Deaf Association.

PEMBROKE WALK

On Saturday 11th July 2020 District Chairman Helen's journey with Kal the koala began. Inner Wheel members Past District Chairman Cynthia along with Rotarian Derek Whiting, 2nd Vice Chairman Pauline, Carmarthen Club member Eirlys and husbands joined her at the start of her Pembrokeshire Coastal Path Challenge at Poppit Sands.



What Strong Women Do?

We Own our Truth - we are not dependent on other's opinion of us

We Own our Power without Arrogance - we are not afraid of our emotions, and know that kindness and compassion are strengths

We face challenges with Courage despite our Vulnerability

D18 Members walking at New Brighton For Stroke Association.



Whoopee!!!

The 30th June was party time as at long last Chard Inner Wheel was able to celebrate our 70th Anniversary. Postponed from last year a much smaller but no less enthusiastic group of members got together at Hornsbury Mill (the day after the terrible floods in Chard) to enjoy a wonderful lunch.

Chard (Lynda Le-Taylor) D20

Margaretta Golding Award

On Friday, 20 August, members of Edgbaston Convention Inner Wheel, District 6, were very proud to finally present Lyn Ankorn with her Margaretta Golding Award - almost four months to the day after we did this virtually by Zoom at our Club's 35th Birthday celebration, and almost two months since our second attempt in June (both delayed because of Covid).

Lyn received the award in recognition of her involvement with the management of Birmingham Crisis Centre for over thirty years, providing a safe place for women and children suffering domestic abuse.

Because Lyn's husband John was not well, Lyn invited members of our club, her family and friends to her home for afternoon tea, which was laid out in her lovely garden.

In 1981 John realised that Birmingham desperately needed a safe place for women and children suffering from domestic abuse, and after a temporary venue was found for the original refuge, John undertook the huge challenge of getting a purpose built Centre, which was opened by Princess Anne in 1987. It is staffed 24/7 and has 24 units for mothers and children, a nursery, communal areas, and a laundry. Practical and emotional support is given and legal advice is available. The staff continue to support families when they move into their independent accommodation.

From the very beginning Lyn gave John her full support, and they both gave their time voluntarily to ensure the success of this demanding undertaking. Lyn was also working part time as a physiotherapist and caring for their three young sons, the youngest with special needs. She has continued her involvement with the management of the Centre ever since. She is a warm, caring and determined lady and very modest about her enormous contribution to the success of the Centre.

Lyn was truly touched to receive this award and said she would display the framed certificate at Birmingham Crisis Centre. Some years ago John had received an MBE for his involvement with the project, but as Lyn said, many people receive an MBE, but only nine people internationally have received a Margaretta Golding Award this year!

Daphne Fowler, Edgbaston Convention Inner Wheel



Llangollen IW D18

Three pupils from Ysgol Dinas Bran were presented with a cheque to buy equipment for their upcoming Duke of Edinburgh Award exercise.



In July we had a very successful Garden Party where we presented Cat Meade, organiser of the Llangollen Covid Support Group, with a certificate in recognition of the work she had done for the community.

International News



The year 2021-22 marks the Pearl Year of District 302 as it celebrates 30 years of relentless service to the needy in coastal Andhra Pradesh, India. The Chief Guest and Installation Officer IIW Treasurer Sarita Lunani did the honours.

On July 29, 2021, the Inner Wheel Club of Atakent organised a Pizza Party at the summer house of a club member Özge İşcan, the Deputy National Representative of Turkey to raise funds for a library for the visually impaired students



International News



"A transition to clean energy is about making an investment in the future." On 22 Jul 2021, the Inner Wheel Club of Amrapali installed solar panels as a source of energy to run a water pump for irrigation purposes. The solar panel was sponsored by Tata.



International News



FRIENDSHIP AGREEMENT SIGNED IN MALAYSIA
IWC ALOR SETAR AND IWC RAFFLESIA SIGN FRIENDSHIP AGREEMENT



Afghan refugee clothing collection, D4

Dear Pat and Susie

I am passing on these photos from Rosemary Knight, ISO Scarborough. 70 Afghan refugee families have been housed in the Grand Hotel, Scarborough. Scarborough Inner Wheel has made a collection of clothes for the families and Rosemary has also been working with the refugees distributing, sorting clothes, etc. As you can see it was quite a collection and each bag clearly marked with the Inner Wheel logo.



Aberdeen Wheels

Aberdeen IW D1

We are also thrilled to have welcomed three new members to our Club in the past two months and are looking forward to hopefully meeting up in small groups to continue the friendships and camaraderie of Inner Wheel. Several strolls, chats and possibly coffees are planned over the summer each hosted by a different committee member. Here we see committee members refreshing the baskets of plants which adorn the Inner Wheel wheels at Clan House.

**Maureen Drummond:
Club Correspondent**

Pink first because...

Our EQ positions us to better...

- Manage conflicts
- Coach
- Influence
- Build Relationships
- Lead with Inspiration



Rotarian Frank Drewett, has been supporting Inner Wheel for many years, mainly by taking a stand at our Association Conferences, with his fine bone china plates, boxes etc, has a new and final offer for us all.



He currently has 25 lids remaining for hand-turned jewel boxes. These 2in fine bone china lids are decorated with Inner Wheel ronrels in centre and he will turn the boxes from seasoned yew.

If orders exceed the 25 he is happy to order more lids and turn the appropriate no. needed - (Christmas presents?) £8.00 plus postage and package. First come, first served!

He can also supply – to order – fine bone china pots with lids at £9.00 + post and package. These all have the Inner Well logo on the lid but apart from that you can have any writing you require – on the lid or round the side - i.e granddaughter / friends name or nickname etc etc. or even a "saying!"

These jewellery pots sold like hot cakes at the last Conference he attended!

Contact Rtn. Frank Drewett directly on 01788 521140 or frankdrewett@btinternet.com





As Inner Wheel approaches its centenary,
the bond with Rotary remains as strong as ever.
Both have achieved much over the years.

One of UK Rotary's more successful projects is
Global Sight Solutions

Global Sight Solutions was registered with the charity commission back in the 90's by members of Guildford Rotary Club, the aim being to work with Rotary Clubs in the developing world and together establish financially sustainable eye hospitals, free to the world's poorest. It has to date had considerable success.

Over 50 hospitals have been opened in India with others either already established, or in the throes of opening their doors, in Bangladesh, Pakistan, The Lebanon, Kenya, Uganda and Nigeria.

There are estimated to be as many as 650 million poor, with sight problems worldwide, all in desperate need of help. Global Sight Solutions currently prioritises the provision of cataract operations to the 50 million poor in need of this service while continuing to provide a full range of eye care to others.

Via the wonders of Rotary's Global Grants a sight restoring cataract operation can be provided for a donation of just £5 in the UK. Using the same Grant facility a new hospital can be equipped with both surgical and assessment/diagnosis equipment for a total of 'only' £12,000 from UK donors.

Current targets: Five new eye hospitals each year. Create a minimum capacity of 180,000 cataract operations p a by 2026.

We will happily provide your Club with a speaker FOC.
email: john.miles13@btinternet.com 01483 481856

www.globalsightsolutions.org

Giving hope of a Better life through Education...

Worldwide, orphans and children of desperately poor families are denied an education, not only due to their circumstance, but because they are also 'out of sight and therefore out of mind'. UNICEF believe that whatever a child's circumstance, an education is their right.



Literacy in a Box recognised the need in 2004 and since 2006 has sent over 1000 Literacy Boxes, filled with the basic resources needed for teachers to deliver primary education. Zambian schools are currently our main focus.

One school we support in Zambia, among the 40+ others, is Jeddah Learning Steps which has a high proportion of orphaned pupils. Please visit our website www.literacyboxtrust.org.uk to see how Literacy Boxes are helping them.

Literacy Boxes have helped orphans and poverty affected children enrol in schools. The paper, pencils and other basics have enabled teachers to give their pupils a more complete education. It costs £350 to send a Literacy Box to Zambia and give 25 Zambian children a foothold on that vital educational process that could lead to a better life.



UK children have a ready and ongoing access to all the basic educational materials needed by teachers to deliver their education, so we fill the Literacy Box with equivalent quality materials. We send them as regularly as donations allow, as we strive to offer the same for the Zambian children. However, the scale of the task is immense.

To help us to help these children, who can't help themselves, please contact us through our website: www.literacyboxtrust.org.uk



I hope you have enjoyed reading my first magazine as your new **Association Editor**. I certainly have enjoyed reading your news as we come out of lockdown and begin to meet face to face. Thank you to all for sending your news in via your zone leader or direct to me - please keep this coming. Thank you to my committee for all your hard work since July.

Permission was granted for all photos used in this magazine. Please keep the news coming!
Email: williams1621@hotmail.co.uk

Angela



WHY ARE YOU STILL A MEMBER OF INNER WHEEL?

That may not be a question you expect to get from the IW Historian, but I would like to try to convey the spirit of IW in GB&I since the Millennium. Many Clubs have sent me details of their lockdown activities, which are very useful, but now I'd like help from Clubs and Districts. I'm looking for photographs and stories of members enjoying friendship together – the President's Evening at Conference comes to mind. **Are there any photos of your Club in fancy dress? Were you at the Pyjama Party in Blackpool back in 2003? Did you prefer being a Victorian lady, or being dressed as a flapper? Can you help me convey the spirit of friendship in Inner Wheel?** Any photos from 2000 onwards would be particularly helpful. Ideally you should send them, at as high resolution as possible, to iwhistorian@gmail.com, any hard copies sent to me will be scanned and returned.

My postal address is on page 4 of the Handbook.

Katharine

19TH IIW CONVENTION 2024

The Convention Committee are ready and eager to begin the process of putting together the 2024 IIW Convention, which will also celebrate 100 years of Inner Wheel.

The Bid from GB&I gave the proposed dates for the 19th IIW Convention to be sometime during the period 7th -11th May 2024, in Manchester. The final dates still need to be confirmed but please do reserve that week to be able to join us there.



And this year, The committee – Phyllis Charter, Margaret Day, Pam McConnell, Liz Norris, Thelma Pacsoo, Liz Thomas & our current National Representative, will be relying on the GB&I membership for help during the planning and delivery of this event. Initially we have asked for your help in designing the convention logo.

All ideas, suggestions and designs for the logo are most welcome – please send them to:
pam.mcconnell@talktalk.net a.s.a.p. but by the 30th November at the very latest.
Pam McConnell (Convention Co-ordinator)

Charity of the year



What will you Bake?

Don your aprons, grab your mixing bowl and host a bake sale to raise money to help rebuild lives after stroke.

Stroke
Association



Stroke Association and the Inner Wheel

As you may know, the Stroke Association is the President's Charity for 2021-22.

There are more than 100,000 strokes a year in the UK and stroke is the leading cause of complex disability. Stroke can strike anyone, at any time, including young people and babies.

The Stroke Association believe everybody deserves to live the best life they can after stroke. They provide specialist support, fund critical research and campaign to make sure that everyone affected by stroke gets the very best care and support to rebuild their lives.

Stroke Helpline

One of the ways your fundraising helps is by supporting the Stroke Helpline. The Stroke Helpline offers confidential information, guidance and support to anyone affected by stroke. All enquiries are answered by professional, trained staff who have an understanding of stroke and how it changes lives. You can call if you want to know more about stroke and its effects, what happens after a stroke, or what help and support is available. Or you might simply want someone to talk to.

The Helpline team offer balanced, up-to-date information and if they can't answer your question they will research it or direct you to other sources of support.

Last year the Helpline handled over 18,000 enquiries, including questions about coronavirus and stroke.

Let's get Baking!

Friday 29th October is World Stroke Day and we'd love it if you could hold a bake sale to help raise awareness of stroke and much-needed funds around this time. We've even created a special Inner Wheel Bake Pack to inspire and support you with lots of information and materials to help you get organised! If you'd like an Inner Wheel Bake Pack then please email us at inner.wheel@stroke.org.uk.

President's Challenge

We've loved hearing about the walks you've been undertaking as part of Betty's challenge. Do send us your photos so we can share them on social media.

Contact the Stroke Association at:
inner.wheel@stroke.org.uk or call 0300 330 0740.
Thank you for all your support rebuilding lives.